

# Concerns of Police Survivors

2012 MN C.O.P.S.

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# Happy Holidays

The Minnesota Chapter of C.O.P.S. wants to wish all of you a wonderful Christmas season. We hope you will be surrounded by the warmth and love from family and friends throughout the holidays and the upcoming year. You will always be in our thoughts and prayers here at C.O.P.S.

### Special points of interest:

- Blue Light Service
- Officer Lynn Cronquist – MPD
- Black White Blue
- LOD Anniversaries
- Fund Raisers
- Upcoming Events
- Educational Update
- Grief/Holidays



## 2012 Fund Raisers

The MN Chapter of C.O.P.S. received some very nice donations from fund raising events that were held this year. We would like to thank the following organizations for their wonderful donations: Wild Bill's Restaurants, South Metro Chapter of the FOP, Shawn Silvera Run, Renegade Pigs and Law Enforcement United. This was a very good year for these events and the money raised was nothing short of a miracle.

Your support makes it possible for us to continue to help and support the survivors of officers in Minnesota who have given us everything. From all of us at Minnesota C.O.P.S., THANK YOU!

We would also like to thank all of our survivors and friends that were able to help out or attend the events.

If you have any questions about the amounts raised, or have questions about the MN C.O.P.S. account, please contact our treasurer, Jackie Bergeron. Her contact information is listed on the back page.

## Officer Lynn Cronquist – Minneapolis PD

On December 15, 2012 Officer Lynn Cronquist will be retiring from the Minneapolis Police Department. Lynn has served faithfully the citizens of Minneapolis for 23 years. She has followed in the footsteps of her father who had also served for 23 years as well. This date holds a very special meaning to Lynn as it would have been her father's 100<sup>th</sup> birthday as well.

Lynn serves on the Advisory Board for MN C.O.P.S. and has been one of the best photographers for our events for several years. We are very proud and grateful to have Lynn help and serve with C.O.P.S.

Thank you Lynn for everything you have done and will continue to do. May your retirement be long, healthy, and everything you hope it will be.

Below are just 2 of the many, many stunning photos, Lynn has taken over the years.



## President's Message: 2012 Blue Light Ceremony

### **The Weather was Perfect.**

We are happy to report the Blue Light Service this year was held on a beautiful fall afternoon, No snow anywhere. A light lunch was enjoyed by over 100 survivors and law enforcement officers at the Best Western Kelly Inn. MN C.O.P.S. board presented our generous donors with Certificates of Thanks and Appreciation.

Survivors walked a short block to the Memorial Site where we were met by the LEMA Color Guard. Chief Dave Thomalla, Maplewood Police Dept. and Ilana Pollitz (surviving wife of Mike Pollitz) spoke. An Invocation by Bob Leo, Chaplin with Ramsey County Sheriff's Dept. was given. Music by Brian Johnson and Teresa Kallio was enjoyed before survivors honored their fallen officers with a candlelight tribute. Luminaries were placed on each side of the Thin Blue Line to remember our loved ones killed in the line of duty.

We honored officers who serve and protect us across our state and country everyday and remember to support them during our holiday season.

Please remember to light your blue lights this season and show your hope that the coming year will be a time of peace. Wishing Everyone a Time of Peace this Holiday Season.

Sincerely,

Bonnie Silvera  
President



## Upcoming Events

### **Membership Meeting: January 27, 2013 – 1:00 PM @ New Brighton Police Department.**

There are currently two positions open with MN C.O.P.S. Secretary Position and a Representative Position. If you are interested in either of these positions, the by-laws require your attendance at the January meeting. If you can help out, please let us know. We do need your help.

### **Guest Speaker**

At this meeting Lisabeth Mackall will talk about her husband Officer Frank Mackall from the Savage Police Department. Officer Mackall was involved in an on duty car crash that resulted in a severe head injury, and an extended hospital stay. The trauma sustained to both the department, and the family, was significant. The chaplains, the community, both civilian and blue, and the department rallied around this family, and one another, to allow them all to heal.

The goal of this conversation is to walk through the trauma, and the healing process that has continued through the year. The visual impact creates a vivid picture of the accident, and the story behind the pictures brings home the risks our officers face every day.

### **Family Fun Day: February 24, 2013 @ Maplewood Community Center**

Once again we are planning a family fun day at the Maplewood Community Center. You can bring your kids and enjoy an afternoon with swimming, meeting and talking with other survivors, and food will be provided. Come and have one of those relaxing fun days. Pre-registration is required so we know how many to plan for. Contact Bill Hammes or Jackie Bergeron and let them know you will be there. Last day to register is February 10, 2013. The event will run from 12:30 to 4:00 PM. Room E. The Maplewood Community Center is located at 2100 White Bear Ave., Maplewood, MN 55109.

### **Membership Meeting: April 14, 2013 – 1:00 PM @ New Brighton Police Department**

This is the annual membership meeting and when our election for offices will be voted on. Come and meet your board members as well as other survivors. Your input is critical to this organization.

### **MN Chief's Conference: April 22<sup>nd</sup>-23<sup>rd</sup>, 2013 @ Duluth Convention Centre**

This year's MN Chief's Conference will be held in Duluth at the Duluth Convention Center. Once again MN C.O.P.S. will staff a booth at the convention. This is our opportunity to provide information to the MN Chiefs about this great organization.

### **Traumas of Law Enforcement**

National C.O.P.S. is again sponsoring "Traumas of Law Enforcement" training at several locations throughout the United States. This training is appropriate for officers and their families affected by line-of-duty traumas. It is funded by the U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance. To learn more on how to sign up for one of these sessions, go to [www.nationalcops.org](http://www.nationalcops.org). Listed below are the training locations and dates.

January 7-9, 2013 @ Charleston, SC  
January 28-30, 2013 @ Las Vegas, NV  
February 11-13, 2013 @ Louisville, KY  
February 25-27, 2013 @ Des Moines, IA  
March 4-6, 2013 @ Alexandria, LA  
March 11-13, 2013 @ Seattle, WA  
March 25-27, 2013 @ Atlantic City, NJ

## BLACK WHITE BLUE

By: William Swanson



Author William Swanson has written a book about the murder of St. Paul Officer James Sackett in 1970. This murder went unsolved for many years until 2006 when two men were charged and convicted of Officer Sackett's murder.

The name of the book is Black White Blue. The book can be purchased at almost any bookstore, or bought online at Amazon or Barnes & Noble.

Mr. Swanson will be at Barnes and Nobles - signing the book Saturday Dec. 15th from 1-3 p.m. located in the Maplewood Mall - Maplewood, MN.

Or on December 20th, 9:30 a.m. at the St. Paul Historical Society Western District Headquarters 389 Hamline Ave. N. St. Paul, MN.

Below is a small excerpt from the beginning of the book.

On May 22, 1970, responding to a bogus emergency call to help a pregnant woman, St. Paul patrolman James Sackett was killed by a sniper's bullet fired from a high-powered rifle.

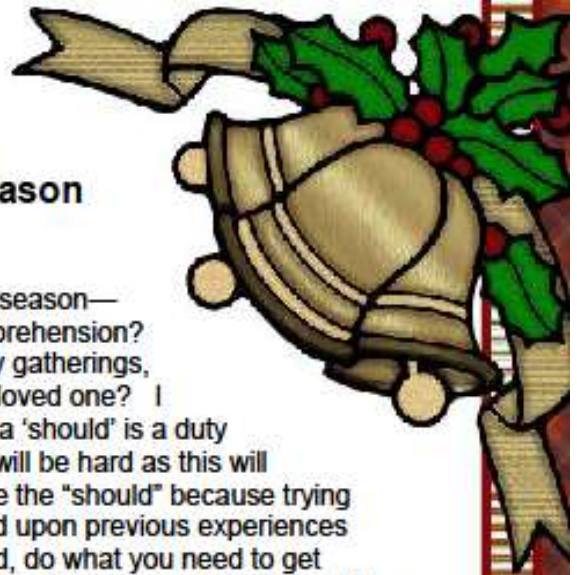
The white officer's assassination was the most shocking event in an era of shocking, racially charged events, punctuated by bombings at Dayton's Department Store and elsewhere, police harassment and shootings of young black men, an alleged hijacking plot, and random acts of urban violence. A once peaceful, close-knit community, St. Paul's Summit-University neighborhood had reached a boiling point, heated by racism and rage.

Award-winning journalist **William Swanson** masterfully walks the razor-edge between the grief and anger of a police force that lost one of its own and the deep-seated resentment and subsequent silence of a community that had many reasons not to trust the cops. Based on extensive interviews and archival research, *Black White Blue* recounts the details of one of the most extraordinary cold-case sagas in U.S. annals—a story featuring dozens of memorable characters, including a relentless “super cop,” an aggregation of conflicted informants, and a haunted woman who grew old with a terrible secret. The case culminates with the controversial trials, decades later, of Ronald Reed and Larry Clark. *Black White Blue*, is a powerful, true account of crime and punishment, time and memory, race, community, and personal relationships.



## Grief and the Holiday Season

Brent Richter, MA, LPC



How can we celebrate and enjoy the upcoming holiday season—is that even possible or conceivable? Is it beyond comprehension? How can we approach this season of celebration, family gatherings, lifelong rituals and holiday traditions and still honor our loved one? I have some suggestions. First, eliminate the “shoulds”; a ‘should’ is a duty or obligation to act or behave in a certain manner—this will be hard as this will be a different season; give yourself permission to ignore the “should” because trying to meet expectations (our own or those of others) based upon previous experiences is not realistic, or even possible given your loss. Second, do what you need to get through the difficult days—give yourself time to settle in, acknowledge, and respond to the myriad of feelings, emotions, and reactions that each new experience brings.

The first year of your loss can be overwhelming as you realize what is lost; and each new experience without your loved one presents new reasons to grieve – the missed birthday, the shared anniversary, the annual vacation, and the missed holidays and family gatherings; each milestone exposes raw emotions just as if it were the first day of the loss. Whether it is making cookies, burning fudge, having dinner, wrapping presents, decorating the house, or writing and addressing holiday cards – every family or relationship has uniquely shared traditions and rituals and perhaps your loved one was the center, instigator, and/or organizer of those traditions. It may be too early for some of you, and that’s understandable—the whirlwind of your loss may have not fully settled in; for others you may just be starting to think of some of these times and holiday rituals; some of you may have muddled through or ‘survived’ that first year of ‘firsts’; and others may well be into years of dealing with the loss and have found ways to integrate your loved ones death into new familial traditions. Others may continue to still struggle.

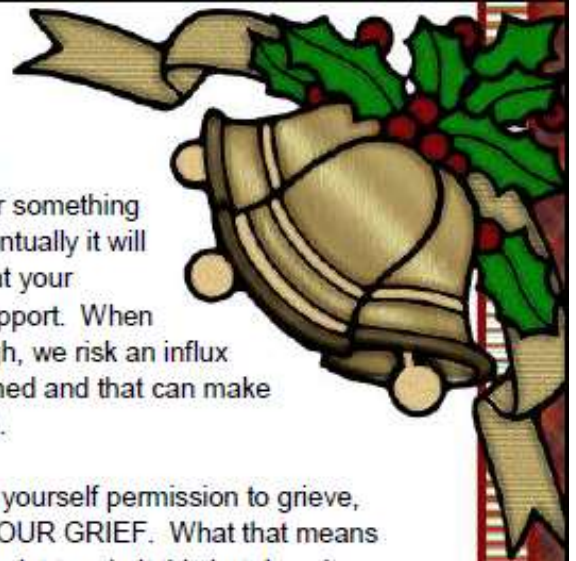
I don’t believe we ever ‘get over’ our loss, because I don’t see my walk with grief moving toward being cured. Personally, I don’t want to be cured – I want to fondly remember my friends and family that have been lost and to remember those happy times; but unfortunately I think it’s necessary to recognize and gauge the sad memories against those fond or happy memories because they are woven into the fabric of our shared experiences.



I’ve learned through my education, training, and the many people I’ve been honored to counsel and chat with, that experiencing a loss and the inevitable grief changes you forever. It I think it’s imperative that you question, search for answers, grieve with others, and share your thoughts, memories, experiences, and feelings about your loss and how your life has changed—do this for yourself and for others because sharing, grieving, and crying gives your family and friends permission to share, grieve, and cry *with* you.



Grieving during the holidays is especially difficult and it necessitates extra care and attention. Grieving is never something you can do passively – you can try and ‘stuff’ it, but eventually it will surface. It will rise when you are the most vulnerable, at your weakest and when you are in your greatest need for support. When we don’t attend to our grief and loss the cost can be high, we risk an influx of despair, loneliness, and/or sense of being overwhelmed and that can make us feel like what we are experiencing is insurmountable.



When I speak of paying attention to yourself and giving yourself permission to grieve, I’d like you to think of **BEING INTENTIONAL ABOUT YOUR GRIEF**. What that means is—Open Up! It might be a bit strange for a grief therapist to admit this but, I can’t make it right for you. I can’t take away your pain or the hurt of others, just like you can’t take away the pain of others – but together we can lend a purposeful ear and a caring heart which is really what heals. By sharing your loss, telling the story of your loved one until you don’t need to tell it anymore is what heals, watching as your story is heard, being understood and seeing the concern of others continues the integrative process.

It is especially important as you proceed into the upcoming holiday season that you try and maintain those important traditions and rituals. I suggest you set a place for your loved one, talk openly, and suggest others share stories – inviting the memory of your loved one into your celebration allows you to begin (or continue) the process of accepting what it is, and what it will be like, without them. If it’s too difficult or hard to invite them in, then think about creating a new tradition or holiday ritual – one that may honor what they stood for. It is possible to celebrate the holiday season, but realize that you will be celebrating it differently than previous years, and that’s OK.

Brent Richter, MA is a Licensed Professional Counselor in private practice in Maple Grove, Minnesota. He specializes in working with emergency responders and survivors of traumatic loss and their families. He is a retired Minnesota State Patrol Trooper and is a volunteer and supporter of Concerns of Police Survivors.



## Anniversary Dates: Line of Duty

This issue we have listed November and December. We will then list them on a quarterly basis beginning in 2013. If you know of a name that should be in here and is missing, please let us know. Line of Duty Death Anniversaries: These are listed first by month, day, and year the officer was killed.

<u>11/1/1916</u>	<u>James L Gardner</u>	<u>Osseo Police Department</u>
<u>11/1/1968</u>	<u>Marlo Zwiers</u>	<u>Cambridge Police Department</u>
<u>11/2/1986</u>	<u>David Ward Mack</u>	<u>Minneapolis Police Department</u>
<u>11/3/1987</u>	<u>Edwin H Arendt</u>	<u>Stearns County Sheriff's Office</u>
<u>11/9/2007</u>	<u>Mark Bedard</u>	<u>Minneapolis Park Police Department</u>
<u>11/10/1954</u>	<u>Walter Kruegel</u>	<u>Fillmore County Sheriff's Office</u>
<u>11/14/1934</u>	<u>Lawrence F Tierney</u>	<u>St. Paul Police Department</u>
<u>11/15/1977</u>	<u>Donald Mayerle</u>	<u>Keewatin Police Department</u>
<u>11/16/1923</u>	<u>James Art Wilson</u>	<u>Beltrami County Sheriff's Office</u>
<u>11/19/1983</u>	<u>Brian Heikkila</u>	<u>Solway Township Police Department</u>
<u>11/19/1986</u>	<u>William J Goodsell</u>	<u>Minneapolis Park Police Department</u>
<u>11/20/1959</u>	<u>Ray F Krueger</u>	<u>Minnesota State Patrol</u>
<u>11/21/1912</u>	<u>William J Lyden</u>	<u>Minneapolis Police Department</u>
<u>11/21/1928</u>	<u>Arvid Lundgren</u>	<u>Koochiching County Sheriff's Office</u>
<u>11/23/1922</u>	<u>Rudolph Maurer</u>	<u>Wright County Sheriff's Office</u>
<u>11/26/1987</u>	<u>Alfred Biagi</u>	<u>St. Paul Police Department</u>
<u>11/28/1913</u>	<u>George B Anderson</u>	<u>Minneapolis Police Department</u>
<u>11/28/1956</u>	<u>Donald Risberg</u>	<u>Minneapolis Police Department</u>
<u>11/28/1973</u>	<u>Richard Allan Lura</u>	<u>Carver County Sheriff's Office</u>
<u>11/28/1973</u>	<u>Ronald Jerome Kalkes</u>	<u>Carver County Sheriff's Office</u>
<u>11/30/2011</u>	<u>Mike Pollitz</u>	<u>St. Louis Park Police</u>
<u>12/1/1941</u>	<u>Oscar G Olson</u>	<u>Duluth Police Department</u>
<u>12/3/1874</u>	<u>Mathew Hamilton</u>	<u>Winona Police Department</u>
<u>12/4/1992</u>	<u>Lester Kohler</u>	<u>Mahnomen County Sheriff's Department</u>
<u>12/5/1905</u>	<u>Ole Havey</u>	<u>Hayfield Township</u>
<u>12/6/1930</u>	<u>Roy Larson</u>	<u>Moorhead Police Department</u>
<u>12/7/1953</u>	<u>Ernest Zettergren</u>	<u>Anoka County Sheriff's Office</u>
<u>12/15/1963</u>	<u>James E Hendricks</u>	<u>Minneapolis Police Department</u>
<u>12/15/1989</u>	<u>Michael Hogan</u>	<u>Hutchinson Police Department</u>
<u>12/16/1932</u>	<u>Ira Leon Evans</u>	<u>Minneapolis Police Department</u>
<u>12/18/1932</u>	<u>Leo Gorski</u>	<u>Minneapolis Police Department</u>
<u>12/21/1980</u>	<u>Roger Ervin Wrobbel</u>	<u>Wright County Sheriff's Office</u>
<u>12/22/1951</u>	<u>Neil R Johnson</u>	<u>Blooming Prairie Police Department</u>
<u>12/23/1926</u>	<u>Marshal Frank Dahlin</u>	<u>Isanti Police Department</u>



## Anniversary Dates: Line of Duty Deaths

<u>12/24/1930</u>	<u>Harry E Parker</u>	<u>Minneapolis Police Department</u>
<u>12/25/1928</u>	<u>Robert H Lobdell</u>	<u>U.S. Customs and Border Protection</u>
<u>12/27/1964</u>	<u>Glen A Skalman</u>	<u>Minnesota State Patrol</u>
<u>12/30/1925</u>	<u>Michael J Lawrence</u>	<u>Minneapolis Police Department</u>
<u>12/30/2011</u>	<u>Shawn Schneider</u>	<u>Lake City Police Department</u>

## Minnesota State Legislation Changed for Public Safety Officer's Survivor Education Benefits

A bill authored by Senator Ray Vandever in May 2012 was passed by Minnesota Legislature to authorize safety officer survivor widows and widowers to use the educational benefits provided by the state for graduate study programs. Prior to this year, the program only allowed surviving spouses to return to school for a four-year degree.

Sharing her testimony in favor of the bill at both the Senate and House of Representative hearings, Jennifer Silvera Lindemer stated, "Only one percent of our nation's population under the age of fifty is widowed. Only seven percent of our nation's population pursues master's degrees. The statistic is only a fraction when considering those widowed and pursuing higher education in the state of Minnesota. Still, a fraction of people can make a world of difference."

MN COPS is proud of the efforts of current survivors to make a difference for future survivors! For more information on Survivor Education Benefits contact the MN Office of Higher Education at 651-642-0567 or visit [www.ohe.state.mn.us](http://www.ohe.state.mn.us).





**MN C.O.P.S.**  
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We're on the Web!  
*See us at:*  
**MNCOPS.ORG**



Check the MN C.O.P.S. website.

[www.mncops.org](http://www.mncops.org)

Concerns of Police Survivors began in 1984 and consisted of 110 members. Today C.O.P.S. is a nationwide program with a membership of over 15,000 families. C.O.P.S. mission is:

“Provides resources to assist in the rebuilding of the lives of surviving families and affected co-workers of law enforcement officers killed in the line of duty as determined by Federal criteria. Furthermore, C.O.P.S. provides training to law enforcement agencies on survivor victimization issues and educates the public of the need to support the law enforcement profession and its survivors.”

## **MN Chapter of Concerns of Police Survivors**



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### **Board Members**

**President: Bonnie Silvera  
763-427-0920**

**Vice-President: Bill Hammes  
763-898-8310**

**Secretary: Jackie Bergeron  
651-762-9558**

**Treasurer: Mark Silvera  
612-743-4216**

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